

# MEET OUR NEW BOARD MEMBERS

## A. Richard Busscher

Thirty years ago, Brian Busscher and Bob Gustafson met at school on Chicago's North Shore, where both thrived despite cerebral palsy and full hearing impairment. The boys' parents soon met and thus began the long friendship of Marilyn and Dick Busscher and Don and Sue Gustafson. Now retired from A. Richard Busscher Construction, Dick was a third-generation residential contractor whose expertise will be valuable to Rainbow's national affiliate expansion and the strategic planning committee. Marilyn passed away last September.



Dick Busscher

Both Dick and she had volunteered their time to civic and charitable work. Dick built the model apartment for Rainbow's Hill Arboretum.

Today Brian Busscher, who is quite mobile, lives in a high-rise apartment building near Chicago's Loop and works at a major bank. Bob Gustafson lives and works at Hill Arboretum.

Dick joins son Brad, the newly appointed chief legal counsel of Mesirow Financial, on the Rainbow board.

## Ian McPheron

As an Assistant General Counsel and Assistant Secretary with Van Kampen Investment Inc., a Morgan Stanley Dean Witter subsidiary, Ian McPheron is the primary Legal Counsel for the world's largest Unit Investment Trust and for Van Kampen's Senior Loan and Closed-End

Fund businesses.

Previously, he was an associate with a major Chicago-based law firm concentrating on securities and commercial and intellectual property litigation. He has substantial experience in the U.S. Appeals and Illinois Appellate courts.



Ian McPheron

Association and United Way.

Ian is a valuable addition to the Rainbow board and its Strategic Planning Committee.

## BOARD OF DIRECTORS

## RAINBOW STAFF

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Joe Dunn	Robert Fallon	Lynne Greene <i>Director of Operations</i>	Teresa Collins <i>Hill Arboretum Maintenance</i>
Sandy Herbst	Mark Gruen	Michael McCarthy <i>Assistant Director, ABC</i>	Sheila Smith <i>Kitchen Supervisor</i>
Matthew Howard	Susan Gustafson	Theresa Phillips <i>Development Associate</i>	Leon Mitchell <i>Security</i>
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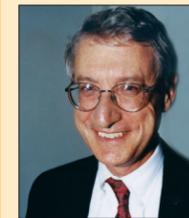
Second Quarter 2001  
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BUILDING  
TO HELP PEOPLE  
WITH PHYSICAL  
DISABILITIES  
HELP THEMSELVES

Dear Friends:

This Report reconnects you directly with the people Rainbow serves. You will learn about some residents of Rainbow's Hill Arboretum—how they function, grow and triumph.

Most Rainbow residents depend day to day on personal care attendants. While PCAs are actual employees of residents, strong bonds of friendship and mutual respect are at the core of the most successful relationships.



Ed Bjorncrantz

We are proud of the community spirit that grounds Rainbow residents. And we are committed to enlarging that community to include new locales in which the housing needs of men and women with physical challenges are either substandard or nonexistent.

Through its affiliate network, Over The Rainbow has contacted dozens of organizations, municipalities, rehabilitation centers and other groups seeking to provide barrier-free housing. Inside is a map identifying locations where other groups are studying possible affiliation with Rainbow. More news on this initiative will follow soon.

In the meantime, we invite you to meet some very special PCAs.

Ed Bjorncrantz  
Rainbow Board Chairman

## RAINBOW SALUTES PCAs FOR CONSTANT CARING, CAMARADERIE

On a recent spring day several personal care attendants who serve clients at Rainbow's Hill Arboretum Apartments agreed, with a good deal of modesty, to discuss both their work and their relationships with Rainbow residents.

PCAs provide a huge reservoir of support for a population whose very limited motor skills and dependence on wheelchairs otherwise would greatly inhibit quality of life.

In fact, PCAs are a vital part of the rationale for Rainbow's concept of independent living in barrier-free housing designed specifically for adults with severe physical disabilities.

A significant aspect the PCA/client relationship is that residents hire their own caregivers. PCAs are not employed by nor under the auspices of Rainbow. Most, however, become a part of the Rainbow family of people who wish to help those with disabilities to help themselves.

PCA Marilyn Brauer-McCarthy was among the first PCAs hired by a Rainbow

resident in the early nineties.

"As an LPN candidate, I had seen a lot of illness and there came a time when I went through a burnout," recalls Marilyn. "But there are many rewards here that renewed my vigor."

Marilyn works or is on call seven days a week for her clients at Hill Arboretum. She and her husband

Mike McCarthy—who heads Arboretum Business Center where many residents work each day—even bought a house next door, just to be close in case of emergency. Early on, when Marilyn met Mike through Rainbow, it was he who helped her regain her enthusiasm for caregiving.

Every day Marilyn assists four residents with rising and retiring, grooming, medications, and other personal needs. What keeps her going?

"They do," she explains. "Just knowing that they can function, seeing them smile, sharing their enthusiasm for jobs in the business center. My reward is seeing the

(continued inside)



Non-stop for 10 years, PCA Marilyn Brauer-McCarthy has assisted Rainbow residents. Here she assists Bob Gustafson with brushing his teeth.

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## Tenant Profile: BARBARA SMITH

Since Barbara Smith moved to Hill Arboretum last October, she has made an indelible impression. She is well educated, hard-working, and a devoted mother. It is no surprise that she has many admirers and friends among the staff and residents.

What brought Barbara to Hill Arboretum is something young adults rarely consider: the possibility of a grave illness or accident.

It was a series of increasingly serious strokes that diminished Barbara's ability to walk, speak and care for herself. Initially she lived with her father and daughter. He died just over a year ago, and daughter Michelle works full time as a flight attendant supervisor for a major airline.

Barbara herself had enjoyed a thriving career. After returning to Chicago State



University, she landed an accounting job with Amtrak and worked in that role for six years until the strokes curtailed her activities. Now Barbara works in Arboretum Business

Center, attached to Hill Arboretum. "I've made good friends there," she says. Michelle visits often. Barbara has two exceptional personal care attendants. And, given the circumstances, she says, "I like it here." It is a privilege for Rainbow to provide a viable housing option to Barbara and others in challenging circumstances.

## OPEN DOORS TO OPPORTUNITY!

Apartment doors at Hill Arboretum have lever handles rather than knobs. They work fine for residents with sufficient manual dexterity. But several tenants are not so fortunate and find themselves locked inside or outside their own apartments.

Six residents now need automatic door opening and locking systems.

The cost is \$1,200 each. This is a chance to direct your gift to a much-needed purpose. Please call Lynne Greene at 847-328-6633. Many thanks!

## Rainbow Salutes PCAs

(continued from front cover)

cohesion in their personal and work experiences, knowing that their lives are going smoothly."

Marilyn and Mike have a daughter Kaliee, 8, and Marilyn has an older daughter Sylvia, 22, a certified nursing assistant. Another daughter Amber, now deceased, was a CNA candidate. She calls the residents of Hill Arboretum her extended family.

As in all walks of life, "there are occasional ruffles," Marilyn admits, "but we look at any obstacle together, try to put the situation in a positive light and aim for a good result."

Marilyn adds that to be a PCA, "you must be unconditionally receptive to meeting people's needs, to giving your heart and soul, and being prepared for both emotional and physical demands. I make sure that I spend quality time with each



Standing from left are PCAs Beverly Fowler, Mrs. Eileen Riley and Marilyn Brauer-McCarthy; seated are Hill Arboretum residents Lisa Frehling and Bob Gustafson.

*To be a PCA, "you must be unconditionally receptive to meeting people's needs, to giving your heart and soul, and being prepared for emotional and physical demands."*

PCA Marilyn Brauer-McCarthy

person I care for, because their emotional needs must be met."

Mrs. Eileen Riley, personal care attendant for three Hill Arboretum residents, also lives nearby and works seven days a week, because her clients depend on her.

Originally from Jamaica, Mrs. Riley has enjoyed other jobs that have included personal care assistance. Before coming to Hill Arboretum 10 years ago, she was a caregiver for an elderly Evanstonian. She notes that she likes to work with kids too.

"The PCAs here help each other all the time," says Mrs. Riley. "If I pass a tenant who needs my help, even if they are the client of another PCA, I am happy to help."

That thread of compassion and teamwork extends throughout the Rainbow system. Visitors to Hill Arboretum, for example, will see any number of instances where neighbors come to the assistance of their neighbors, where a visitor is asked to help a resident put on a jacket, or a staff member checks in on a resident who has not yet made an appearance on a given day.

Ben Minued has been a PCA at Hill Arboretum since 1995. He followed his mother, Margo Jones, into the job. He has

three male clients, Leo Kirwan, Ron Taone and John Cammelot, who appreciate Ben's strength.

That would include physical strength and strength of character. A graduate of Harper High School on Chicago's south side, Ben once worked at a Wendy's restaurant.

"Then I realized that I like to help people in need," says Ben. "I'm God-fearing and willing to work seven days a week."

It can be tiring to help with showers, bathroom programs, dressing, feeding, cleaning apartments, washing clothes, and more. But Ben doesn't mind.

"These people need me, and I'm going to be there for them," he says. "They let me know I'm doing a good job, they share their deepest thoughts with me, and that's all I need," he adds.

Also a native of Jamaica, PCA Beverly Fowler has been in the U.S. for almost 11 years. Beverly learned about Hill Arboretum from a newspaper ad run by a resident seeking a PCA; she responded on a Monday, and her new client said, "Could you start Wednesday?" That was 1996, and Beverly has been working non-stop at Hill Arboretum ever since.

"I just feel good working here," she observes. She has several clients, all with very different needs and personalities.

Beverly took a short break to speak from a resident's apartment about her work and experiences. The resident was eager to make

*"Beverly is very reliable, and I am very appreciative."*

Resident Lisa Frehling



John Cammelot gets shaving assistance from his personal assistant Ben.

a statement herself.

"Beverly is very reliable, and I am very appreciative," said Lisa Frehling. Seven days a week, Beverly walks from her home just a block from Hill Arboretum to be sure that life runs well for the people who depend on her.

There are numerous other PCAs and Rainbow staffers with equal levels of dedication to their special work. Night supervisor Charlene Hall lives directly across the street, and Lynne Greene, director of operations, lives two doors away.

Rainbow salutes the entire team for the nurturing and mutual respect that enable men and women with severe physical disabilities to make their own decisions and manage their own lives.

## SPEAKING OF CONTRIBUTORS

Donations to Over The Rainbow Association—in the form of check, pro bono professional services, in-kind contributions, memorials and volunteerism—arrive year-round, from near and far.

There are many examples of generosity that we cite from time to time, in newsletters and in a listing in the program book for Rainbow's major fund-raiser, CELEBRATION.

At this time, it is a pleasure to acknowledge these generous givers.

### Sares-Regis Group

An Irvine, California-based real estate developer, owner/investor and property manager.

For gifts exceeding \$5,000

### The Women's Club of Evanston Charitable Foundation

Evanston, Illinois

For a recent gift of \$1,500

## CARING IS KEY TO TENANT ADVOCACY

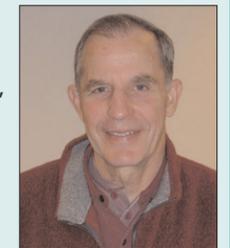
Since joining the Rainbow board two years ago, Joe Dunn has hit his stride, and there are many residents at Rainbow's Hill Arboretum Apartments who are grateful indeed.

John Cammelot, president of the Tenant Association, calls Joe "just a great guy. He spends hours on end here and really gets to know us."

Joe is a former Evanston Township High School history teacher and summertime swimming instructor who taught swimming to teenagers, some with physical disabilities.

As head of the board's Resident Relations

Committee, Joe was instrumental, along with John Cammelot, in recognizing the need for and facilitating the purchase of the building's new backup generator.



Joe Dunn

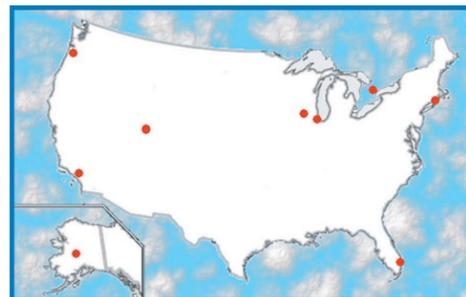
Joe and John also organized a tenant outing to a Bulls game. Joe ran the outing's volunteers—board member George Elder and his wife Beth, Pat Hughes of the not-for-profit Natural Ties, and several PCAs. Joe himself drove a van that accommodated two extra residents and their wheelchairs.

Joe Dunn is an exemplary, hands-on participant in helping to assure a better life for people with disabilities. His good works are truly working.

## RAINBOW INVITES YOU TO GIVE TO THE WILLIAM L. ARNOLD MEMORIAL FUND TO HELP RESIDENTS PAY FOR SPECIAL AND UNUSUAL PERSONAL CARE ASSISTANCE AND EQUIPMENT.

Please make contributions payable to The William L. Arnold Fund and mail to:  
Over The Rainbow Association, 2040 Brown Avenue, Evanston, IL 60201

## OVER THE RAINBOW AFFILIATE NETWORK REACHES ACROSS NORTH AMERICA



Rainbow identifies and assists like-minded groups, individuals and communities to build accessible housing.

Rainbow is working with potential partners in the U.S. and Canada, as shown on the map.



## A TIP OF THE HAT TO DONORS, PRIVATE AND PUBLIC, LARGE AND SMALL

Governmental and private funds together have provided the backbone of support for Rainbow activities. Every dollar helps. Just look at the amazing results that donors of all sizes have made possible in recent months! Our deepest thanks.

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